



- V Vegetarian
- VG Vegan
- VO Vegetarian option
- VGO Vegan option
- GF Gluten Free
- GFO Gluten Free option
- DF Dairy Free

## Cafe Marie Catering

170 George Street  
Sydney NS B1P 1J2  
[cafemarie.ca/catering](http://cafemarie.ca/catering)  
[catering@newdawn.ca](mailto:catering@newdawn.ca)

Cafe Marie Catering is a social enterprise. That means your purchase helps support the work of New Dawn Meals on Wheels, which provides affordable and nutritious food to those in need.

We are located in Eltuek Arts Centre, featuring contemporary art in a newly renovated heritage building in Sydney's north end. Our focus is local food and fresh farm goods from across Unama'ki, Cape Breton Island and Mi'kma'ki. Breakfast, lunch and baked goods, exceptional coffee, cold beverages, and teas.

### Hydration Station \$45

**Serves 10+ cups coffee and 10+ cups tea, water for 40+**

Fair trade organic coffee, tea, ice water

Add chilled sparkling water or juice cans \$2 each

### To Share

Sliced fruit \$30 serves 10 **VG/GF**

Hummus, veg, chips \$40 serves 10 **VG/GF**

Black bean dip, veg, chips \$40 serves 10 **VG/GF**

Spinach & artichoke dip, crackers \$40 serves 10

Veggie, crackers, cheese (crudité) \$45 serves 10

Meat, crackers, cheese (charcuterie) \$65 serves 10

### Assorted Baked Goods \$40 dozen

Oatcakes **VG**

Cheddar and chive scone

Cinnamon roll (contains walnuts)

Rosemary olive oil dark chocolate loaf

Blueberry Muffins

Coffee Cake

### Assorted Cookies \$24 dozen

Cosmic cookie **VG/GF**

Lemon crinkle cookie **VG/GF**

Buckwheat chocolate and sea salt cookie **GF**

Molasses and ginger cookie

Brown butter chocolate chip cookie

**Good Morning Board \$12 per person**

Yogurt, fresh fruit salad, assorted baked goods

**Morning Meeting \$15 per person**

Breakfast muffin (sweet potato, Monterey jack, egg inside), granola, yogurt, fresh fruit salad

**The Gallery Lunch \$15 per person**

Soup, 1/2 sandwich, assorted sweets (add salad for \$5 per person)

**The Studio Lunch \$10 per person**

Soup, tea biscuit, assorted sweets

**The Terrace Lunch \$12 per person**

Frittata, soup or salad, assorted sweets **GFO**

**SALADS serving for 6-10 people \$35**

Garden salad **VG/GF**

Broccoli salad, toasted seeds, red onion, tangy dressing **VG/GF**

Pasta salad, fresh veg and creamy dressing **VG**

Orzo salad, fresh mushrooms, green peas, creamy dressing **VG**

Quinoa salad, chickpeas, feta, cucumber, herbs citrus dressing **GF**

**SOUP serving for 10-12 people \$30, serving for 20-30 people \$50**

Romesco (roasted tomato & herb, contains almonds) **VG/GF**

Mulligatawny (vegetarian curry, red lentil, cauliflower, tart apple) **VG/GF**

Vegan chili (beans and veg, corn, bell peppers, sweet potato and tomato) **VG/GF**

Corn chowder (corn, coconut, potato) **VG/GF**

Butternut squash (local squash, onion, garlic) **VG/GF**

Miso mushroom (tofu, miso, cabbage, veg broth) **VG/GF**

**SANDWICHES full size \$12/each, half size \$5**

**Sandwich trays (vegan or assorted) \$30 for 12 quarters, \$60 for 24 quarters**

*Made to order using our signature housemade sourdough (unbleached flour, organic millet, brown rice, organic rolled oats, organic barley, starter culture, salt)*

- Select from** Chicken Club (free range chicken, bacon, tomato, lettuce, mayo)  
 Ham and swiss (free-range ham, dill pickle, lettuce, dijon)  
 Roasted veg and whipped feta, rocket pesto, fresh arugula **VGO**  
 Smashed chickpea and nori, fresh arugula, zesty mayo **VG**

**PIZZA \$25 per pizza, 8 slices per pie**

*Made to order using our signature sourdough pizza dough*

- Select from** Chicken club  
 3 cheese lemon and basil  
 Pep and cheese  
 Combination  
 Margherita  
 Vegan  
 Veggie delight



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902-539-9560

## CATERING POLICIES

Cafe Marie Cafe and Catering menus are created in house with love by our team of culinary artists. We feature simple dishes that focus on fresh vegetables and farm goods from Unama'ki, Cape Breton and across Mi'kma'ki. Volunteer board meeting, Friday night supper, an international gathering? We have options for you.

**We require your catering order to be placed 7 business days in advance.**

**Please include any allergens or special requests as soon as possible.**

Catering numbers must be guaranteed at least three business days before your event. We require 2 business days notice for any cancellation of a catering order. Less than two business days and you may be required to pay in full. If your order is over \$500, we require at least one week's notice to cancel an event.

All events at Eltuek Arts Centre must be catered exclusively by our in-house culinary team. Certain exceptions may be approved by staff.

All prices may be subject to an 15 % service charge, plus applicable HST. Indigenous people and organizations are exempt from HST.

We do not offer off-site or delivered catering services at this time. Pick-up orders can be arranged by coordinating with staff.

Our food is prepared onsite in the New Dawn Community Kitchen, a multipurpose commercial kitchen that processes a variety of allergens such as nuts and gluten. We take every precaution to prevent cross contamination, but we cannot assume responsibility for adverse reactions to foods an individual consumes or may encounter for any event we cater.

## ABOUT US

Cafe Marie is located on the second floor of Eltuek Arts Centre, a renovated historic property in the North End of Sydney and a centre for contemporary art, culture, and community.

Cafe Marie Cafe and Catering is a social enterprise cafe supporting the work of New Dawn Meals on Wheels, which provides affordable and nutritious food to those in need. Learn more at [newdawn.ca](http://newdawn.ca)

Cafe Marie Cafe and Catering and Eltuek Arts Centre are owned and operated by New Dawn Enterprises. New Dawn's mission is to engage the community to create & support a culture of self-reliance.

